Promoting healthy lifestyles for seniors through fitness & sports

Program Packet
Event Selection & Participant Registration
2013
Event Dates:
APRIL 27 - MAY 26

“Promoting healthy lifestyles for seniors through fitness & sports”

Sponsors: 2013 Tri-County Senior Olympics
Darrow Street Grange # 751, Inc.
The University of Akron
Institute for Life-Span Development and Gerontology
Tri-County Senior Olympics 2013 General Registration Information

ELIGIBILITY REQUIREMENTS

AGE: All athletes must be 50 years of age by December 31, 2013. Proof (Photo ID–Example: driver’s license) of age is required when you check in at your event.

AGE GROUPS: There will be separate age-group divisions for men and women (5-year increments) beginning at age 50. The Senior Olympics staff reserves the right to combine age groups for certain events when necessary.

AWARDS: Gold, silver, and bronze medals will be presented to the 1st, 2nd, and 3rd place finishers, respectively, to both male and female competitors in each age group for each event. Please note: Medals will not be mailed after the games. You must pick up your medal at the conclusion of the event.

FRIENDLY REMINDERS

1. Complete BOTH sides of Registration Form - including signed liability waiver.
2. Fees are non-refundable.
3. No on-site registration will be taken for events, except for Disc Golf.
4. Doubles players must list their partner’s full name on the registration form in the space provided. Confirm your entry with your partner before mailing your registration form.
5. TEAM CAPTAINS MUST COMPLETE THE TEAM PACKET AND HAVE IT POSTMARKED TWO WEEKS BEFORE EVENT. It is the captain’s responsibility to include in the team packet each team members’ (players, coaches, managers and bench personnel) registration form and the associated check for the proper amount.

EQUIPMENT

Equipment provided for the events include: Field equipment, basketballs, pickle balls, tennis and table tennis balls, and shuffleboard equipment. All other equipment should be provided by the participant. Personal equipment must be certified at the event.

HOW TO REGISTER

1. Registration form: Fill in ALL information requested on the form. (Page 3)
2. SIGN THE LIABILITY WAIVER ON THE REGISTRATION FORM. You will not be able to compete unless it is signed.
3. Event selection page: Select and clearly mark the events in which you plan to compete. (Page 4)
4. Be sure fees are correctly calculated and all appropriate fees are included.
5. REGISTRATION DEADLINE: REGISTRATION MUST BE POSTMARKED TWO WEEKS BEFORE YOUR FIRST EVENT. LATE REGISTRATION FEES APPLY. Call 330-972-7243 or 330-972-8938 if you have questions.
6. NO ON-SITE REGISTRATION for any event, except for Disc Golf.
7. Make check or money order for the total registration fees + late fee payable to: (Do not include any on-site fees)
   TRI-COUNTY SENIOR OLYMPICS / THE UNIVERSITY OF AKRON
   Send completed Registration Form / Event Selection / Team Roster (if applicable) and Check or Money Order to:
   TRI-COUNTY SENIOR OLYMPICS
   INSTITUTE FOR LIFE-SPAN DEVELOPMENT/GERONTOLOGY
   ARTS AND SCIENCE BUILDING—340
   THE UNIVERSITY OF AKRON
   AKRON, OH 44325-4307 (It is very important to USE COMPLETE ZIP CODE)

8. TEAM SPORT REGISTRATION: All team sport players must complete the registration form and have a signed “liability waiver” form to participate in any event.
9. Team captains are responsible to see that all players have completed a registration form and paid fees.
10. Team sport participants: The completed registration form and check/money order for the registration fees should be given to your team captain. The team captain will include all the team registration forms and checks for fees in their team’s registration packet.
11. Team sport participant with additional individual sport participation: Indicate the additional event participation on registration form and include any additional registration fees with registration form for team participation.
Include Event Selection Form with Registration Form

PLEASE PRINT 

Name _____________________________________________________ Age _____Date of Birth ___/___/____ MALE / FEMALE 

LAST FIRST M.I. MONTH / DAY / YEAR (Circle One)

Address ___________________________________________City ___________________________State ___ Zip Code _______

Home Phone_________________________ Work Phone _________________________Cell Phone__________________________

(Area Code) (Area Code) (Area Code)

E-MAIL ADDRESS ______________________________________

Would you be willing to speak to the media about your participation? ☐ Yes ☐ No

FEES

Registration Fee: $20.00 - Allows for two events  (Registration fee if postmarked TWO WEEKS BEFORE event) Additional Events : Add $10.00 per event

LATE FEE: Add $10.00 (Postmarked less than two weeks before event) **Late fee must be paid to participate**

Make check(s) or Money order(s) payable to: TRI-COUNTY SENIOR OLYMPICS / THE UNIVERSITY OF AKRON

Fees are non-refundable! Mail completed Registration/Event Selection Form(s) & Payment to:

TRI-COUNTY SENIOR OLYMPICS
INSTITUTE FOR LIFE-SPAN DEVELOPMENT & GERONTOLOGY
ARTS & SCIENCE BUILDING - SUITE 340
THE UNIVERSITY OF AKRON
AKRON, OH 44325-4307

If you have any questions, please call: 330-972-7243 or 330-972-8938.

The additional site fees for Bowling and Golf should be paid ON-SITE! (See Event Selection Form)

Mark Appropriate Fee

Registration Fee: Postmarked at least two weeks before your first event. (Includes 2 events) $ 20.00

Additional Events: $10 each sport $10.00 x_____ $________

Late Registration Fee: Late Fee add: $10.00 $________

(Add $10 late fee if postmarked less than two weeks prior to your first event):

Your Donation to the Tri-County Senior Olympics: $________

LIABILITY WAIVER

The ENTRY FORM IS NOT COMPLETE UNTIL YOU HAVE READ AND SIGNED THIS WAIVER!

I, the undersigned, intending to be legally bound, do hereby, for myself, executors, and administrators waive and release any and all rights and claims for damages of any kind or nature which I may hereafter acquire against the Tri-County Senior Olympics and their representatives, sponsors, staff, volunteers, and assigns for any and all injuries or death suffered by me in said events. I, or any representatives of my estate, shall also indemnify and hold all those hereby released against and from any claims which may be brought as a result of injury/death suffered by me and which arise out of or are connected with my participation. I also attest and verify that I am physically fit and have trained sufficiently for the events. I have chosen to enter in the Tri-County Senior Olympics. The Tri-County Senior Olympics have my permission to have a physician attend to me if it is deemed necessary during my participation during the Olympics. I hereby give the Tri-County Senior Olympics the absolute right to and permission to copyright and/or publish, or use photographic portraits or pictures of me or in which I am included whole or in part, or composite or distorted in character of form, in conjunction with my own or a fictitious name, or reproductions thereof in color or otherwise, made through any media of art, or any lawful purpose whatsoever.

PARTICIPANT

Signature: __________________________________________ DATE ______________________

PERSON TO CONTACT IN AN EMERGENCY: __________________________________________

RELATIONSHIP: __________________________ PHONE __________________________

Circle other senior games with which you are associated:

Northwest Ohio • Southwest Ohio • Central Ohio • Canton Hall of Fame Games • Cleveland (Lake County) •

Northeast Ohio • Dayton • Miami Valley • Cleveland (City) • Lima Area
Tri-County Senior Olympics 2013 Event Selection Form

Completed Registration Form & Payment is Required for Participation

Please Print

Participant Name:

- Include this form with Participant Registration Form & Payment.
- Note additional event fees for some sports
- No On-site Registration

**ARCHERY** (900 American Round)
- □ Compound Finger - sights
- □ Compound Release
- □ Barebow Compound - no sights
- □ Recurve - sights
- □ Barebow Recurve - no sights

**BOWLING** Site Fee: $7.50 per event
- Singles / Doubles / Mix

**CYCLING**
- Time Trials: □ 5K □ 10K
- Road Races: □ 20K

**DISC GOLF**
Contact Event Coordinator
Bill Griffith pdgabill@yahoo.com
directly to register for the Disc Golf.
Event—Do not use this packet!

**GOLF** (Fees: $25.00 / $16.00 for 18 / 9 holes, respectively, with cart per person)
- □ 85+ (9 Holes) □ (18 Holes)

**SHUFFLEBOARD**
- □ Singles
- □ Doubles

Partner ______________________
(Teams may be of any gender combination)

**SWIMMING**
Participation in only FIVE swimming events for your initial registration fee.
Order of Competition is as follows: Select 5 or Less:
- □ 200 Y Butterfly
- □ 100 Y Breaststroke
- □ 50 Y Backstroke
- □ 100 Y Butterfly
- □ 200 Y Backstroke
- □ 50 Y Freestyle
- □ 100 Y Individual Medley
- □ 100 Y Backstroke
- □ 50 Y Breaststroke
- □ 200 Y Freestyle
- □ 50 Y Butterfly
- □ 200 Y Individual Medley
- □ 100 Y Freestyle
- □ 200 Y Breaststroke
- □ 500 Y Freestyle

**TENNIS**
- □ Female Doubles
- □ Male Doubles

Partner ______________________

**TRACK/FIELD**
- □ 100M
- □ Discus
- □ 200M
- □ High Jump
- □ 400M
- □ Long Jump
- □ 800M
- □ Javelin
- □ 1500M
- □ Shot Put

**RACE WALK**
- □ 1500M □ 5000M

**TEAM EVENTS**
- □ BASKETBALL 3 on 3
  Team Name

Age Group
Are you a: □ Player
□ Bench Personnel
Captain’s Name:

**PICTLE BALL**
- □ Singles
- □ Doubles Partner ______________________
- □ Mixed Doubles Partner ______________________

**TABLE TENNIS**
- □ Singles Partner ______________________
- □ Doubles Partner ______________________
- □ Mixed Doubles Partner ______________________

If scheduling for multiple events, ensure they do not conflict! If a conflict exists, the choice is yours! In Doubles Events, list the full name of your partner.
# Tri-County Senior Olympics 2013 Team Sport Roster

Team Name: ____________________________________  Sport: ____________________________  Age Group: __________

Captain’s Name: __________________________  Phone: ___________________  Email: _________________________________

Address: ____________________________________  City: __________________________  State: _____  Zip: __________

### 3-on-3 Basketball:
Team may include 10 persons including non-playing coaches, non-playing captains, and non-playing bench personnel

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[https://sites.google.com/site/tricountyseniorolympics/](https://sites.google.com/site/tricountyseniorolympics/)
<table>
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<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Event Location</th>
<th>Event Coordinator</th>
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| Sat. Apr. 27 | 9:00 a.m. | Table Tennis         | Hudson High School  
2500 Hudson Aurora Road, Hudson 44236                                      | Table Tennis  
Judy Devine, 330-417-5911       |
| Wed. May 1   | 9:00 a.m. | Bowling Doubles      | Stonehedge Bowling  
580 E. Cuyahoga Falls Avenue, Akron 44310                                    | Bowling Doubles  
Janet Verchio, 330-971-8426     |
| Wed. May 1   | 11:00 a.m. | Bowling Mixed Doubles | Stonehedge Bowling  
580 E. Cuyahoga Falls Avenue, Akron 44310                                    | Bowling Mixed Doubles  
Janet Verchio 330-971-8426      |
| Thurs. May 2 | 9:00 a.m.  | Bowling Singles      | Stonehedge Bowling  
580 E. Cuyahoga Falls Avenue, Akron 44310                                    | Bowling Singles  
Janet Verchio 330-971-8426      |
| Sat. May 4   | 8:00 a.m. | Swimming Warm-Ups Competition Begins  | *Ocasek Natatorium-  
U. of Akron 382 Carroll Street, Akron 44325                                    | Swimming  
Diane Weaver, 330-972-7172  
U. of A Student Rec. and Wellness Service |
| Sat. May 4   | 9:00 a.m. | Basketball 3 on 3    | James A. Rhodes Arena-U. of Akron 373 Carroll Street, Akron 44325              | Basketball 3 on 3  
Red Bole, H-330-899-9983, C-330-328-2450 |
| Sat. May 4   | 11:00 a.m. | Basketball Free Throws |                                                                              | Basketball Free Throws  
Red Bole, H-(330) 899-9983, C-330-328-2450 |
| Sat. May 4   | 9:00 a.m. | Archery              | Silver Creek Metro Park  
5171 S. Medina Line Road, Norton 44230                                       | Archery  
David Singleton, C-330-352-5870 |
| Sun. May 5   | 10:00 a.m. | Disc Golf            | Portage Lakes State Park (High Point Parking Lot) 5031 Manchester Road.  
Akron 44319                      | Disc Golf  
Bill Griffith, 330-493-3722      |
| Mon. May 6   | 9:00 a.m. | Cycling 5K 10K       | Hampton Hills Metro Park  
2925 Akron-Peninsula Road, Akron 44313                                       | Cycling 5K & 10K  
Tom Collier, 330-666-5009      |
| Tues. May 7  | 9:00 a.m. | Cycling 20K          | Hampton Hills Metro Park  
2925 Akron-Peninsula Road, Akron 44313                                       | Cycling 20K  
Tom Collier, 330-666-5009       |
| Thurs. May 9 | 9:00 a.m.  | Shuffleboard         | Waters Park (North Hill)  
N. Main Street at Olive Street, Akron 44304                                  | Shuffleboard  
Mamie Morton, H-330-633-5782,  
C-330-714-1799 |
| Thurs. May 9 | 1:00 p.m.  | Golf                 | Brookledge Golf Course  
1621 Bailey Road, Cuyahoga Falls 44221                                      | Golf  
Janet Verrchio 330-971 8425     |
| Sat. May 18  | 8:30 a.m. | 5K Run               | Munroe Falls Metro Park  
521 S. River Road, Munroe Falls 44262                                        | Tom Labbe, 330-928-1212    |
| Sat. & Sun. May 18 & 19 | 8:00 a.m. | Pickle Ball          | University Park YMCA  
477 E. Market Street, Akron 44304                                          | Pickle Ball  
Leurene Hildenbrand, H-330-877-2807,  
C-330-607-4335               |
| Mon. May 20  | 9:00 a.m. | Track & Field        | Lee Jackson Field  
U. of Akron 382 Carroll Street, Akron 44325                                | Track & Field  
Tom J. Adolph, 330-628-3394          |
| Mon. May 20  | 9:00 a.m. | Race Walk            | Lee Jackson Field  
U. of Akron 382 Carroll Street, Akron 44325                                | Race Walk  
Rachele M. Kappler, W-330-972-5293 |
| Fri. May 24, Sat. 25, and Sun. 26 | 6:00 p.m. | Tennis               | Hyre Park  
2449 Wedgewood Avenue, Akron 44312                                        | Tennis  
Patty Martell, 330-784-3433     |

*The University of Akron Parking is free in the lots to the immediate east and south of the Ocasek Natatorium & the Field House. Parking is free in all lots unless meter is present.

Rain delays or scheduling will be decided by 8:00 a.m. on site and generally will be rescheduled for the following day.

Directions to Event Sites are listed on our websites:  
https://sites.google.com/site/tricountyseniorolympics/  
www.ohioseniorolympics.org  
also see:  
www.nsga.com
Dated Material
Do Not Delay
1. Complete the Team Sport Roster (Page 6) and complete all information requested on the form.

2. Collect all of your team members’ (coaches, players, and bench personnel) completed individual Registration Forms (page 3) with signed waivers + Event Selection Forms (page 4),

3. Collect all team registration monies with check(s) payable to: TRI-COUNTY SENIOR OLYMPICS/THE UNIVERSITY OF AKRON.

4. All team packets **MUST** include all of the following:
   (A) Each individual team member’s Registration Form with Signed Waiver (Page 3).
   (B) A Check/Money Order from each player for their Registration Fee in appropriate amount.
   (C) An Event Selection Form for each team member.
   (D) The Completed Team Roster (Page 6).

   Mail to: Tri-County Senior Olympics Institute for Lifespan Development and Gerontology
   Arts and Science Building - 340 The University of Akron
   Akron, OH 44325-4307

5. All team packets and associated forms must be postmarked **two weeks before** your first event.

   https://sites.google.com/site/tricountyseniorolympics/

### TRIO-COUNTY SENIOR OLYMPIC TEAM GUIDELINES

1. **The individual’s Registration Form, with Signed Waiver and Event Selection Form must be included in the Team Packet for each team.** Include this team member’s check in the Team Packet of the team that has the earliest scheduled playing date during the games. Please make copies of these forms.

2. Basketball teams must be of same gender.

3. All team rules apply to non-playing coaches, non-playing captains, and non-playing bench personnel.

4. **Age divisions for all team competitions will be determined by the age of the youngest team member by December 31, 2013.**

5. Teams must provide their own equipment including practice balls, bats, and numbered uniform shirts.

6. Athletes may compete with only one team per sport.

7. As with all events, the number of participants registered for team sports may be restricted based on various limitations. In this unusual occurrence, all fees associated with the sport/event will be returned.

8. All athletes must have on their person a photo I.D. (i.e. driver’s license, etc.) with holder’s date of birth & residence.

### TEAM EVENT FORMAT (AGE DIVISIONS)

The Tri-County Senior Olympics reserves the right to arrange the tournament format for any age division based on entry numbers, space restrictions, or other circumstance. If you have questions please contact the appropriate Event Coordinator.

Basketball
Event Coordinator
Red Bole 330-328-2450

### STATE GAMES INFORMATION

The 2013 (Non-qualifying year) and 2014 (Qualifying Year) Ohio State Games will be held in Canton, Ohio.
http://www.hofseniorolympics.org

The National Senior Games Association (NSGA) will conduct the 2013 Summer Games in Cleveland, Ohio.

The 2015 Summer National Senior Games Association (NSGA) will be held in Minneapolis/St Paul, Minnesota.
http://www.mnseniorgames.com
ARCHERY
Silver Creek Metro Park, Norton, OH 44203.
West of Akron, exit I-76/224 exit at Route 21 South. Travel south to Route 585 and follow 585 southwest to Eastern Road. Turn right (West) on Eastern Road, at the top of the hill you will see Medina Line Road. As you continue 200-300 yards west of Medina Line Road on Eastern Road, you will see the entrance to the Archery competition area on the right. The entrance will be just to the west of the two high voltage transmission towers on the right (north) side of Eastern Road.

BASKETBALL AND BASKETBALL FREE-THROWS
The University of Akron, James A. Rhodes, 373 Carroll Street in Akron, OH 44325.
Exit I-77 (Route 8) Just north of the Central Interchange, exit from Route 8 at the Carroll Street/Buchtel Avenue Exit. (From the south, turn left on to Carroll Street; from the north, turn right on to Carroll Street.) Follow Carroll Street to Spicer Street, turn left onto Spicer Street and turn right into Parking Lot #10.

BOWLING
Stonehedge Bowling, 580 E. Cuyahoga Falls Avenue, Akron, OH 44310.
Exit Route 8 (north of downtown Akron) at Cuyahoga Falls Avenue. At the stop sign, turn left and go under the Expressway. Turn left at Cuyahoga Falls Avenue. At the second traffic light, turn left into the Stonehedge Bowling driveway.

CYCLING
Hampton Hills Metro-Park, 2925 Akron Peninsula Road, Akron, OH 44313-4603.
Exit Route 8 north of Cuyahoga Falls at Steels Corners Road. Turn west and follow Steels Corners Road for several miles to Akron Peninsula Road. Turn left (south), the Hampton Hills Metro-Park parking area will be on your left.

HORSESHOES and VOLLEYBALL
Both will be held at alternate locations see the top of page 7 for details.

GOLF
Brookledge Golf Course 1621 Bailey Road., Cuyahoga Falls, OH 44221
Exit Route 8 (North of Downtown Akron) at Howe Road, follow Howe Road to the east (About 1.1 miles) to Bailey Road. Turn left onto Bailey Road and follow for about 1/4 mile. Brookledge will be on the right.

PICKLE BALL
University Park YMCA, Akron, 477 E. Market Street, Akron, OH 44304.
On Route 8 from the north, exit at the Perkins Street Exit (Exit 1B). Cross Perkins Street and Forge Street, turning left at E. Market Street - Route 18 (east). Crossover the Expressway and turn left at first traffic onto Adolph Street. The YMCA is at the corner of Adolph Street & E. Market Street. Park in the Summa Parking Deck on Adolph Street, just north of the YMCA.

On Route 8 from the south, exit at the Carroll Street - Buchtel Avenue Exit (Exit 1A). Cross Carroll Street and Buchtel Avenue, turning right on E. Market Street. The YMCA is immediately on your left at the corner of E. Market Street and Adolph Street. Turn left onto Adolph Street and park in the Summa Parking Deck on Adolph Street just north of the YMCA.

PARKING:
Take ticket and go to levels 3, 4, and 5 parking in the YMCA designated areas. Upon leaving the YMCA, pick up a Validation Ticket at the YMCA Member Service Desk to exit the parking deck. At the exit gate, first insert the initial parking ticket followed by the Validation Ticket for the gate to open.

SHUFFLEBOARD
Waters Park, Akron, N. Main Street at Olive Street, Akron, OH 44304.
Exit Route 8 at Tallmadge Avenue. Go west on Tallmadge Avenue to Main Street. Turn left (south) onto Main Street. Follow Main Street to Olive Street. (Saint Thomas Hospital will be to your right.) Turn left onto Olive Street and you will see the entrance to Waters Park within 100 yards on the right. Waters Park is directly across Main Street from Saint Thomas Hospital.

SWIMMING
The University of Akron Ocasek Natatorium, 382 Carroll Street, Akron, OH 44325.
Just north of the Central Interchange, exit from Route 8 at the Carroll Street/Buchtel Avenue Exit. (From the south, turn left onto Carroll Street; from the north, turn right onto Carroll Street, follow Carroll Street to Spicer Street. Turn left onto Spicer Street and turn right into Parking Lot #10.

https://sites.google.com/site/tricountyseniorolympics/

Directions continued on next page
**TABLE TENNIS**

**Hudson High School**, 2500 Hudson Aurora Road, Hudson, OH 44236.
Exit Route 8 (north of Akron) at Route 303. Follow Route 303 to the east through Hudson, Ohio until you arrive at Stow Road. Turn left (north) and follow Stow Road beyond Hudson Spring Park. The High School will be on the left.

**TENNIS**

**Hyre Park**, 2449 Wedgewood Avenue Akron, OH 44312
Exit I-77 (south of Akron) at I-76 toward Youngstown 2.6 miles. Take the OH 18 Exit/East Market Street Exit, Exit 26, toward Mogadore Road. Turn slight right onto East Market Street/OH-18 for 0.2 miles. Turn right onto Hilbish Avenue (past the Lamp Post Restaurant, on left) for 0.4 miles. Turn left onto Wedgewood Avenue follow for 0.7 miles (The park is adjacent to Hyre Middle School & across from the Acme Store).

**TRACK AND FIELD**

**Lee Jackson Field** is on The University of Akron main campus.
Exit I-77/I-76 at Wolf Ledges/Grant Street Exit (Exit 22B). Turn north onto Grant Street and follow to Exchange Street. Turn right (east) and follow Exchange Street to the intersection of Exchange, Union Street, and Brown Street. Lee Jackson Field is on the Northwest corner of this intersection. Turn left on Union Street and park in the parking lot between Vine and Nash Streets.

**RACE WALK**

**Lee Jackson Field** on The University of Akron main campus. Same as Track and Field above.

**5K ROAD RACE**

**Munroe Falls Metro Park**, 521 S. River Road, Munroe Falls 44262.
Exit Route 8 in Cuyahoga Falls at Portage Trail Exit. Go east on Portage Trail for 0.1 mile and turn left onto Munroe Falls Avenue; follow Munroe Falls Avenue for 2.2 miles and turn right (South) onto S. Main Street/Route 91 in Munroe Falls. Follow Route 91 for 0.2 mile and turn left (East) onto S. River. Munroe Falls Metro Park will be on the right at 521 S. River Road. One mile from Route 91 on S. River Road.

Ohio Senior Olympic Website: [www.ohioseniorolympics.org](http://www.ohioseniorolympics.org)  also see: [www.nsga.com](http://www.nsga.com)

Tri-County Senior Olympics: [https://sites.google.com/site/tricountyseniorolympics/](https://sites.google.com/site/tricountyseniorolympics/)

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