

# THE OLYMPIAN

The newsletter of  
Ohio Senior Olympics  
Spring 2006

## OHIO SENIOR OLYMPICS



[www.ohioseniorolympics.org](http://www.ohioseniorolympics.org)

### Member Games:

Akron:  
330-972-7243

Cincinnati:  
513-421-5222

Cleveland (Lake County):  
440-585-3045

Columbus:  
614-645-3320

Dayton/ Miami Valley:  
937-333-6492

Lima:  
419-991-8811

Toledo:  
800-472-7277

Youngstown:  
330-746-2938

Ohio Senior  
Olympics is  
a proud member  
of the



From the desk of Joe Rossi  
President, Ohio Senior Olympics

Greetings from Youngstown! As the winter winds down, I hope this newsletter finds you in good health and looking forward to a year of good health, healthy activity and competition in Senior Olympics at the regional and state level.

2006 is the qualifying year for the *2007 National Senior Games: The Senior Olympics* to be held in Louisville, Kentucky. To compete at the 2007 National Senior Games, you must compete and qualify in your chosen event(s) at a state qualifying competition in 2006. Ohio's qualifying games are being hosted by the regional games here in Youngstown, beginning July 21. All athletes who will be 50 by December 31, 2006 are welcome to participate at the state games. The complete event schedule, as well as additional information about the 2006 state games, is included in this newsletter. We hope to see many of you during the games here in Youngstown! The Ohio Senior Olympics web site also has the complete state games event schedule, and will be updated regularly throughout the next couple of months- it's a great source of information about the games. Of course, if you are not an Internet user, please feel free to contact us with questions about the games by calling 330-746-2938.

The National Senior Games Association has been working to secure sponsorship for Senior Olympics and was successful in welcoming Humana as a presenting sponsor for the next three national games (six years)! We are thrilled to have Humana on board and offering a measure of financial security to the national Senior Olympics movement.

In Ohio, we are fortunate to have funding for our statewide Senior Olympics movement from the state through the Ohio Department of Aging. Over the next year, we will be looking for additional sponsorship dollars to help promote the mission of Senior Olympics and to support the regional games around the state. It's important that we all remember to thank the sponsors who support the games, whether local businesses or statewide organizations. Take a minute this year to jot a note of thanks to the sponsors of your regional Senior Olympics- I'm sure they'd be happy to hear from you!

See you in Youngstown in July for the state games!

*Promoting healthy lifestyles for seniors through education, fitness and sports.*

## Senior Olympic Competitions Around Ohio

### Akron

April 17- May 26  
330-972-7243  
gandee@uakron.edu

### Cincinnati

April 1- May 20  
513-421-5222  
seniorolympics@cincyrec.org  
www.cincyrec.org

### Columbus

April 27- June 4  
614-645-3320  
JDZupp@columbus.gov  
www.columbusrecparks.com

### Dayton

May 6- May 23  
937-333-6492  
www.keysports.net

### Lake County

June 3-9  
440-585-3045  
fward@lakemetroparks.com  
www.lakemetroparks.com

### Lima

June 12-22  
419-991-8811  
wellness@seniorcitizens.ws

### Toledo

June 10-17  
800-472-7277  
jmoor@areaofficeonaging.com  
www.areaofficeonaging.com

### Youngstown

May 3-8  
330-746-2938  
joe.rossi@cboss.com  
www.distxiaaoa.org/seniorolympics.htm

All of the regional games in Ohio are open to any competitor age 50 and over. Registration deadlines, fees and events offered vary from game to game. Please contact the games directly for additional information, schedules, etc. You may also check the Ohio Senior Olympics web site ([www.ohioseniorolympics.org](http://www.ohioseniorolympics.org)) for more information about each of the games.

## Other State Games

Can't compete at Ohio's State Games? Here is information about some neighboring states' games.

Indiana - held June 16-18  
812-464-7800  
[www.swirca.org](http://www.swirca.org)

Kentucky- held September 20-24  
859-288-2928  
[www.kentuckyseniorgames.com](http://www.kentuckyseniorgames.com)

Michigan- held July 8-15  
248-608-0250  
[www.michiganseniorolympics.org](http://www.michiganseniorolympics.org)

West Virginia- held June 22-24  
304-346-9041  
[www.wvssc.com](http://www.wvssc.com)

Pennsylvania is not open to out of state competitors.

## OSO Merchandise Now Available



Ohio Senior Olympics now has merchandise embroidered with the Ohio Senior Olympics logo available for purchase. The selection includes hats, t-shirts, sweatshirts and more. There are a variety of colors available, with several color options for the embroidered logo. The merchandise is only available at this point through the Ohio Senior Olympics web site, [www.ohioseniorolympics.org](http://www.ohioseniorolympics.org). Click on the "merchandise" button from the home page and you will be directed to the order site. The merchandise site is operated independently by Cintas, your order is placed with Cintas and fulfilled by Cintas. Ohio Senior Olympics only offers this as a service to our athletes. Only credit card payments are accepted at this time. The site requires a user name and password to access it- the user name and password are on the Ohio Senior Olympics page linking you to the order site.

**A Hint to Those Who Wish to Order:** Make sure you check the box next to "customize" to choose from the OSO logo selections. If you don't customize, your item will NOT have the logo on it when it arrives.

## 2006 Ohio Senior Olympics State Games

The schedule for the 2006 Ohio Senior Olympics State Games is below. The Ohio State Games are being hosted by the Senior Olympics of Northeast Ohio; all events will be held in the greater Youngstown area. The registration materials for the State Games will be available in early May and will be mailed to everyone on the Ohio Senior Olympics mailing list (if you got this newsletter in the mail, you are on the mailing list).

The early registration deadline will be Friday, June 2, for a \$30 registration fee. The final registration

deadline is Friday, June 16; athletes registering between June 3 and 16 will pay a registration fee of \$40. NO registration will be permitted after June 16. The registration form will be available as a downloadable .pdf file on the Ohio Senior Olympics web site before it is mailed. More specific competition and venue information will be included in the registration materials. Final schedules for events will be determined once registration has closed and will be sent with confirmation letters in early July.

Fri., July 21	8:30 a.m.	Field events*
	6:00 p.m.	“A Night at the Races” Special Event
Sat., July 22	8:30 a.m.	Track events (includes race walk)
	9:00 a.m.	Volleyball (all ages/ genders)
	10:00 a.m.	Racquetball
Sun., July 23	9:00 a.m.	Table Tennis
	10:00 a.m.	Swimming
Mon., July 24	9:00 a.m.	Golf (shot gun start)
Tues., July 25	1:00 p.m.	Bowling Singles
	5:00 p.m.	Picnic in the Park Special Event
Wed., July 26	9:00 a.m.	Bowling Doubles
	1:00 p.m.	Bowling Mixed Doubles
Thurs., July 27	10:00 a.m.	Horseshoes
Fri., July 28	9:00 a.m.	Tennis
	10:00 a.m.	Shuffleboard
Sat., July 29	9:00 a.m.	Tennis
	9:00 a.m.	Badminton
	2:00 p.m.	3-on-3 Basketball, women and Men over 60
Sun., July 30	9:00 a.m.	Tennis
	9:00 a.m.	3-on-3 Basketball, Men 50+, 55+
	9:00 a.m.	Archery
Mon., July 31	10:00 a.m.	Billiards
Fri., August 4	9:30 a.m.	Cycling Time Trials (5/10K)
	6:00 p.m.	Softball
Sat., August 5	9:00 a.m.	Softball
	6:00 p.m.	5K Road Race
Sun., August 6	8:00 a.m.	Triathlon
	9:00 a.m.	Softball
Sat., August 12	8:00 a.m.	10K Road Race
Sat., August 26	10:00 a.m.	40K Cycling Road Race **



\* The field events will be: Discus, High Jump, Javelin, Long Jump, Pole Vault, Shot Put, Triple Jump. The Hammer Throw will NOT be offered at the 2006 state games.

\*\* The 20K Cycling Road Race will NOT be offered at the 2006 state games.

Questions about the games may be directed to Joe Rossi or Deanna Clifford at 330-746-2938.

Ohio Senior Olympics, Inc.  
25 East Boardman Street  
Youngstown, Ohio 44503-1843

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## Upcoming NSGA Events

September 28- October 1  
2006 AARP Minnesota Senior Olympic  
Hockey Championships  
Blaine, MN

Fall 2006  
National Senior Games Championship  
Festival  
Golf and Tennis only  
Mobile, AL

June 22- July 8, 2007  
2007 National Senior Games: The Senior  
Olympics  
Louisville, KY

For more information on these events, visit the  
NSGA web site, [www.nsga.com](http://www.nsga.com)

## Web sites to note

### Ohio Senior Olympics

[www.ohioseniorolympics.org](http://www.ohioseniorolympics.org)- includes  
links to the regional competitions around  
Ohio

Ohio Department of Aging  
[www.goldenbuckeye.com](http://www.goldenbuckeye.com)

National Senior Games Association  
[www.nsga.com](http://www.nsga.com)

Results from the 2005 National Senior  
Games (Pittsburgh)

[www.seniorchampion.com](http://www.seniorchampion.com)

Healthy Ohioans  
[www.healthyohioans.org](http://www.healthyohioans.org)



*Promoting healthy lifestyles for seniors through education, fitness and sports.*